

COLLEGE OF NURSING
G.S.V.M MEDICAL CAMPUS, KANPUR, U.P.

*“WORLD MENTAL HEALTH DAY
CELEBRATION 2023”*

THEME : MENTAL HEALTH IS A UNIVERSAL HUMAN RIGHT

Date : 10/October/2023

EVENT REPORT

ORGANIZED BY :

DEPARTMENT OF MENTAL HEALTH NURSING

COLLEGE OF NURSING KANPUR

Prepared By:

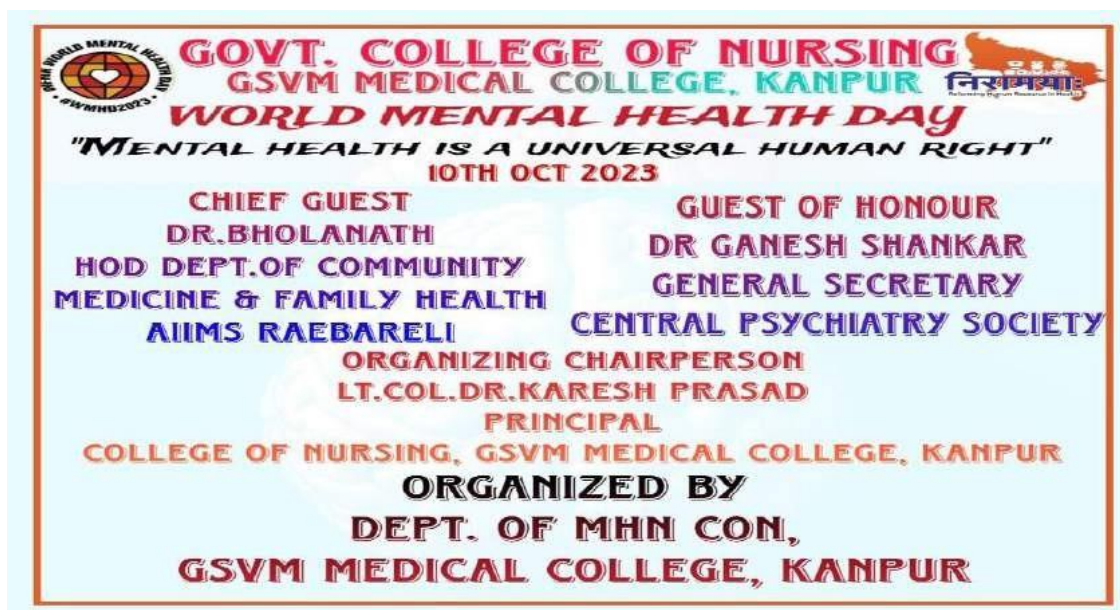
Ms. Manisha Anand

Asst. Prof.

CON, Kanpur

REPORT ON WORLD MENTAL HEALTH DAY 2023

On 10 oct 2023, the College of Nursing, G.S.V.M. Medical college Kanpur has Organised an event on the occasion of **WORLD MENTAL HEALTH DAY**. The theme of WORLD MENTAL HEALTH DAY 2023 was "**MENTAL HEALTH IS THE UNIVERSAL HUMAN RIGHT**". The Organizing Chairperson was **LT.COL. Dr. Karesh Prasad**, (Principal of CON) and Organizing Secretary and HOD of MHN was **Dr. Ram Kumar**, Faculty of Department of MHN, **Ms .Manisha Anand** and **Mrs. Renu Tripathi**, and Co-organizing committee member were **Msc (N) Students** of Dept of MHN Mr. Aniket, Ms. Tabinda khan and Ms. Stuti Malviya.



The program venue was in WAC Hall, CON Kanpur. The Guest of honor **Dr. Ganesh Shankar** and Chief quest **Dr .Bholenath** were escorted by the organizing members and program began at 11 AM in the morning. The program started by Msc (N) 1ST Year Students they welcomed our guest of honor and chief guest and all faculty members of CON by following our Indian traditional culture, with sweets and tilak ceremony.



Ms. Tabinda khan and Ms. Stuti Malviya Student of M.sc (N)1st year initiated the program, firstly the principal of CON Lt. Col. Dr. Karesh prasad has welcomed our guest of honor Dr. Ganesh Shankar

General Secretary, Central psychiatric society by given token of gratitude. The HOD of mental health nursing has welcome Dr. Bholanath HOD department of community medicine and family health AIIMS Raebareli by given token of gratitude. Mrs. Renu Tripathi the member of organizing committee has welcome our organizing chairperson Lt. COL. Dr. Karesh Prasad principle of College of nursing and at last Miss Manisha Anand the member of organizing committee has welcome our HOD of mental health nursing Dr. Ramkumar by giving token of gratitude.



As

Program continues, the host has requested all the dignitaries for the lamp lighting ceremony. The lamp was lit to the God Saraswati Mata and flower was garlanding by our dignitaries. After that the dignitaries were requested to settle down off the dice.





HOD of Mental Health Nursing **Dr .Ram Kumar Gupta** addressed a Welcome speech he has given a brief description about the guest of honour and chief guest, he told their academic achievements , journal published by them as well as their current working status. The guest of honour **Dr Ganesh Shankar General Secretary Central psychiatric society** has completed his MBBS and MD from BHU Varanasi, India. Sir is having many other achievements in their field. The chief **guest Dr. Bholanath** is the professor and **Head of community family health and medicines at AIIMS Raebareli** he is completed his MBBS from KGMC Lucknow MD and social and preventive medicine from KGMC and he is having many tremendous achievements in their field.



Word of wisdom was expressed by our Principal College of nursing **Lt.(Col).Dr. Karesh Prasad** she has introduced about mental health, why it is important and how can we mentally stable. She has shared some motivational example of real based incidents that is based on mental health and at last she has concluded her words by expressing her gratitude towards the dignitaries, organizing team, faculties and students who were the part and make this event successful



Now it's time for the theme presentation which was done by **Ms. Manisha Anand** the member of organizing committee “ **THE MENTAL HEALTH IS THE UNIVERSAL HUMAN RIGHT**”. Through the slides presentation she told about the previous history of psychiatric nursing, how it emerge, changes observed through blast 20 years. She prepared the slides for digital mental health initiatives in India. she has ended her words by one slogan “**NAHI LENGE RISK EK BAAR PHIR**” which includes how mental health can notices and overcome.



Our Guest of honor **Dr. Ganesh Shankar General Secretary Central psychiatric** deliver such a informatory session. He has talk about the topic the human rights of mentally ill patients, in previous time and at the present time as well. He has shared so many experiences of his life and told to be practical always.. He ended his speech by saying that take care of your mental health its very precious.



Our Chief Guest **Dr. Bholanath HOD department of community medicines and family health AIIMS Raebareli**. He enlighten us by speaking on **SPIRITUALITY AND MENTAL HEALTH**. Sir has shared his personal experience and told beautifully about the spirituality and its importance in our daily. He told how mental health is connect through our soul and mann. Sir session was very interactive and infirmative.

At the end of the informative sessions there was the College of Nursing has shared our gratitude towards our **Guest of Honor Dr. Ganesh Shankar** and **Chief Guest Dr. Bholanath** by giving them memento as a token of appreciation, for this we requested to our **Vice principal Mr. Naveena J H** and **Academic Incharge Professor Namita Batra** to felicitate them.



Last Program of the event was Mime act which was presented by BSc nursing fourth semester students so beautifully they spread the message of mental health awareness through their act which reflected the importance of mental health and happiness stays with the work which you like.

Our college has conducted various programs like poster competition that is conducted on 9th on the occasion of world mental health day and the evaluator for this event are **Mrs. Lithiya Jose and Mrs. Beena Peter** has evaluated the result and the winner were third position goes to Tanya and Diksha. Second position goes to Payal and first position goes to Himanshi. The second event was Rangoli competition and the evaluator for this event were **Lt.(Col).Dr. Karesh Prasad** and **Mr .Naveena JH**.

The winner for this events were Sakshi Mishra and group. Lastly there is a participation certificate for the students who have participated in the mime act (Tanishq Bhardwaj and shripriya B.SC(n) IV SEM. All the winners got certificates by our dignitaries that is Dr. Ganesh Shankar, Dr Bholanath, Dr. Karesh Prasad and Dr. Ram Kumar. The certificate of appreciation was given to MSc nursing 1st year students Mr. Aniket, Miss. Tabinda Khan and Miss. Stuti Malviya from department of mental health nursing for putting hard work and good efforts for making the event a successful.





Mrs .Renu Tripathi Faculty from department of Mental Health Nursing expressed her vote of thanks, she started her words by giving thanks to glory of god and she thanks to Principal , Vice principal , organizing team, faculties students who present in the event and share valuable time she has given special thanks to Guest of Honor and Chief Guest for giving us their valuable time for this event to make it successful.

The event was ended by National Anthem. Thank you to Dr. Karesh Prasad Ma'am Principal College of Nursing for the motivation and support.



HAPPY

WORLD

MENTAL

HEALTH

DAY

2023